



N E P S

ITALIAN RESTAURANT



MENU

BENVENUTI



WELCOME TO NEPS

A relaxed dining experience providing an ambience that is comfortable & tranquil, where we are happy & sometimes loud but full of love. Neps experience is a journey inspired by our chefs to bring back the indulging moments to life.



STARTER

PANE e OLIVE
*Marinated mixed olives,
bread & dips*

8

PANZANELLA
*Cold starter: mixed roasted peppers,
anchovies, olives, mixed tomatoes, feta, bread,
EVOO & balsamic reduction.*

11

ARANCINI
*Risotto, ragu, peas,
arrabiata sauce*

10

FUNGHI CON AGLIO
*Ciabatta bread, garlic mushrooms, white wine
& cream*

9.5

CALAMARI FRITTI
*Deep fried squid, chili flakes, lemon wedge,
tartare dip*

11

CAPRINO
*Goats cheese, bread, mixed tomatoes, raisins,
balsamic, rocket*

11

BRUSCHETTA BURRATA
*Bruschetta, tomatoes, olive oil, fresh basil, red
onions, garlic, burrata cheese, balsamic glaze
reduction.*

11.5

GAMBERONI
*Large tiger prawns, white wine, cherry
tomatoes*

13

TEMPURA PRAWNS
*Tempura prawns, rocket, lemon, sweet
chilli dip*

12

CARPACCIO DI MANZO
*Thinly sliced fillet of beef, rocket, truffle-nduja
mayo, parmesan, lemon*

17

FRITTO MISTO
*Tiger prawns, squid, white bait, lime |
tartare dip*

16

PIZZA BREADS
*Garlic bread 7
Garlic & mozzarella 8
Mediterranean (roast peppers, goats cheese, tomato, oregano) 10*

PASTA & RISOTO

LINGUINE CARBONARA 17
Egg yolk, bacon, parmesan

LASAGNA 19
Fresh pasta sheets, Ragu, Bechamel, Pomodoro, Parmesan

LINGUINE GAMBERI 22
Linguine pasta, tiger prawns, bisque, cherry tomatoes, white wine, chilli & garlic

RAVIOLI 18.5
Ricotta & Spinach, gorgonzola sauce, garlic, herbs

TAGLIATELLE AI FUNGHI E STRACCIA TELLA 21
Tagliatelle pasta, mixed wild mushrooms, truffle oil, parmesan, stracciatella

PENNE AL FORNO (OVEN BAKED) 19.5
Penne pasta, chicken, mushrooms, peppers, nduja, cream, parmesan & oven baked

★ SORRISI ALLASTICHE E GAMBERI 25
Lobster filled, prawns, cherry tomatoes, bisque, white wine, chillies, garlic, herbs

PENNE PESTO 16
Penne pasta, courgette, pesto basilico, toasted walnuts

RISOTTO GORGONZOLA E PERA NOCE 25
Mascarpone cream | gorgonzola | per | toasted walnuts

RISOTTO AI FUNGHI SELVATICI 19
Aged arborio riso, mixed wild mushrooms, truffle cream, parmesan

RISOTTO GAMBERI 22
Aged arborio riso, tiger prawns, cherry tomatoes, chilli & garlic

MAINS

BISTECCA di MANZO 32
10oz Sirloin steak, rocket, parmesan, cherry tomatoes, chips

AROMATIC ANATRA 28
Duck breast, new potatoes, fines beans, cloves, star anis, honey, Cointreau & orange sauce

POLLO MILANESE 28
Breaded chicken breast, penne arrabiata

BRANZINO 29
Seabass fillet, new potatoes, fine beans, rocket and cherry tomato garnish

SALAD & SIDES

CHICKEN CAESAR 18
Mixed leaves, ciabatta bread, chicken breast, Caesar dressing, parmesan

MEDITERRANEAN SALAD 10
Mixed leaves, cucumber, tomatoes, olives, red onions, feta cheese, oregano

RUCOLA e PARMAGGIANO 9
Rocket, parmesan, balsamic glaze

INSALATA GORGONZOLA PERA e NOCE 13
Rocket salad, pear, gorgonzola, walnuts, maple syrup dressing

CHIPS 5

MIXED GRILL VEGETABLES 11

THYME ROASTED BABY POTATOES 6.5

TRUFFLE MAYO & PARMESAN CHIPS 6

ALLERGIES & INTOLERANCES

*Please speak to a member of staff about the ingredients in our dishes or any adjustments before placing your order.
V, VG, DF, GF options available.*

STONE BAKED PIZZA

GF Available 3.95 | VG Available 2

MARGHERITA 13
Hand crushed tomato, mozzarella, basil

DIAVOLA 15.5
Hand crushed tomato, mozzarella, pepperoni, jalapenos, tabasco

NAPOLI MARINA 17.5
Hand crushed tomato, anchovies, burrata, oregano

PEPE e NDUJA 18
Hand crushed tomato, mozzarella, pepperoni, nduja, hot honey

RUSTICA 19.5
Hand crushed tomato, mozzarella, pepperoni, nduja, mushrooms, sausage, chillies, rocket

SAN DANIELE 18
Hand crushed tomato, mozzarella, plum tomatoes, rocket, prosciutto di Parma, parmesan

MEATY ONE 21
Hand crushed tomato, mozzarella, pepperoni, sausage, salamis, nduja, prosciutto di Parma

ORTOLANA 17.5
Hand crushed tomato, mozzarella, red onion, olives, roasted peppers, rocket, balsamic reduction

HAWAIIAN 15
Hand crushed tomato, mozzarella, ham, pineapple

LA NOSTRA 18.5
Mozzarella & garlic base, mushrooms, olives, sun-dried tomatoes, chillies, burrata

PIZZA TOPPINGS

Parmaham	4	Sun-dried tomatoes	3
Anchovies	4	Rocket	2
Burrata	4	Jalapenos	2
Nduja	4	Chillies	2
Goats cheese	4	Onions	2
Mushrooms	3	Roasted peppers	2
Olives	3	Plum tomatoes	2
Ham	3	Pineapple	2
Pepperoni	3		
Sausage	3		

PIZZA DIPS

2

Nduja Mayo, Garlic Mayo, Truffle Mayo, Salsa Rosada

CONTACT US

01628963945

info@nepsrestaurant.co.uk

www.nepsrestaurant.co.uk

Neps, Station Hill, Cookham, SL6 9BT



@nepsrestaurant

